



















June 2019

Talk About Feelings

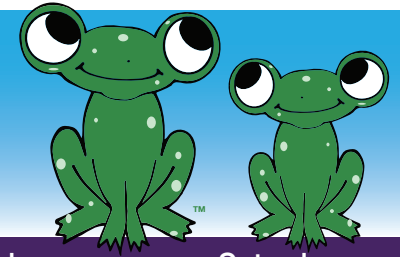
Use your words
















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Don't stop learning. Summer is a great time to work on new skills. Check with your school and local library for fun activities. Most libraries have summer reading programs for all ages.					 1 National Trails Day "Get outside!" Take your child to a park or playground to go on a hike. Bring water bottles or a canteen to have water to drink
2  3 Use the How Are You Feeling Today? Ready Freddy chart to have your child describe their day.		4  5 Ask your child to tell you things that make him happy and things that make him sad.		6  7 National Donuts Day Buy a dozen donuts. Have your child count the donuts to find out how many make a dozen.	 8 Best Friend Day Have your child tell you about her best friend. Ask her to tell you what makes her a good friend.	
Be Kind. Think before you speak.						
 9 Go outside with your child to look at the night sky. Ask her what she sees and "How is it different from the day sky?"	10	 11 Explore Water Put big containers of water outside and let your child play using different sized cups, food coloring, squirt bottles and sponges.	12	 13 Make a United States flag out of paper. Cut our red and blue strips and glue the stripes onto the paper. How many stripes are there of each color?	 14 Flag Day Take a walk with your child and count how many flags you see.	 15 Library Visit Day! Look for a book about moods or feelings.
 16 Father's Day With help from Mom or an older sibling, let your child make Dad breakfast.	 17 Ask your child to find a toy that begins with the letter "t". Then have her find one that starts with a "b". Use several more letters to have her practice beginning sounds.	18	 19 Ask your child to tell you about a time he was happy, sad, surprised, scared an disappointed.	20	 21 First Day of Summer Have your child draw a picture that makes her think of summer	22
 23 National Pink Day Have your child help you make pink lemonade.	24	 25 Allow your child to invite a friend to play. Give them items to play at the grocery store or restaurant.	26	 27 Sunglasses Day Give your child an old pair of sunglasses. Tell him they are magic sunglasses. Ask him to tell you a story of how he would use them.	27	 29 Play a game like "Hide and Seek" or "Duck, Duck, Goose" outside with neighborhood friends and family.
30						

Getting ready
for Kindergarten

July 2019

Kindergarten Readiness month



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2  Play a board game like Candyland with your child. Talk about the importance of taking turns.	3	4  <i>Independence Day</i> Take your child to watch a parade, fireworks or both!	5	6  Play some marching band music for your child and together march like bands in parades.
7	8  Read your child a book and ask your child questions about the characters in the book.	9	10  Have your child make a pattern using shapes (ex: square, circle, triangle, repeat).	11	12  Give your child a magnet and ask them to find things around the house it will stick to or pick up.	13 <i>Best Friend Day</i> Have your child tell you about her best friend. Ask her to tell you what makes her a good friend.
Practice writing letters.						
14  Take some teddy bears or stuffed animals outside and have a teddy bear picnic with your child.	15	16  Start a countdown to Kindergarten with your child. Use a calendar or write the number of days on a strip of paper. Put an X on the number for that day.	17 <i>National Hot Dog Day</i>	18  Talk with your child about the rules at home and ask her what kind of rules they have in kindergarten.	19 <i>National Lollipop Day</i>	20  <i>Library Visit Day!</i> Find a book about Kindergarten or stating a new school year.
21 <i>Parents' Day</i>	22  Ask your child what they will do to make new friends in kindergarten.	23	24  Fill our the "On to Kindergarten" activity with your child.	25	26  Pretend to be the teacher for a PE class. Have your child run, jump, stretch and touch their toes. Then let him have a turn being	
Practice writing numbers.						
28 	29	30  Talk about different kinds of pets with your child and how you would care for each one. Ask which one they would like to have.	31	<p>Get ready for your child's first day of kindergarten by filling out the "ABC's of My Child" found at the back of this calendar and take it to your school visit.</p>		